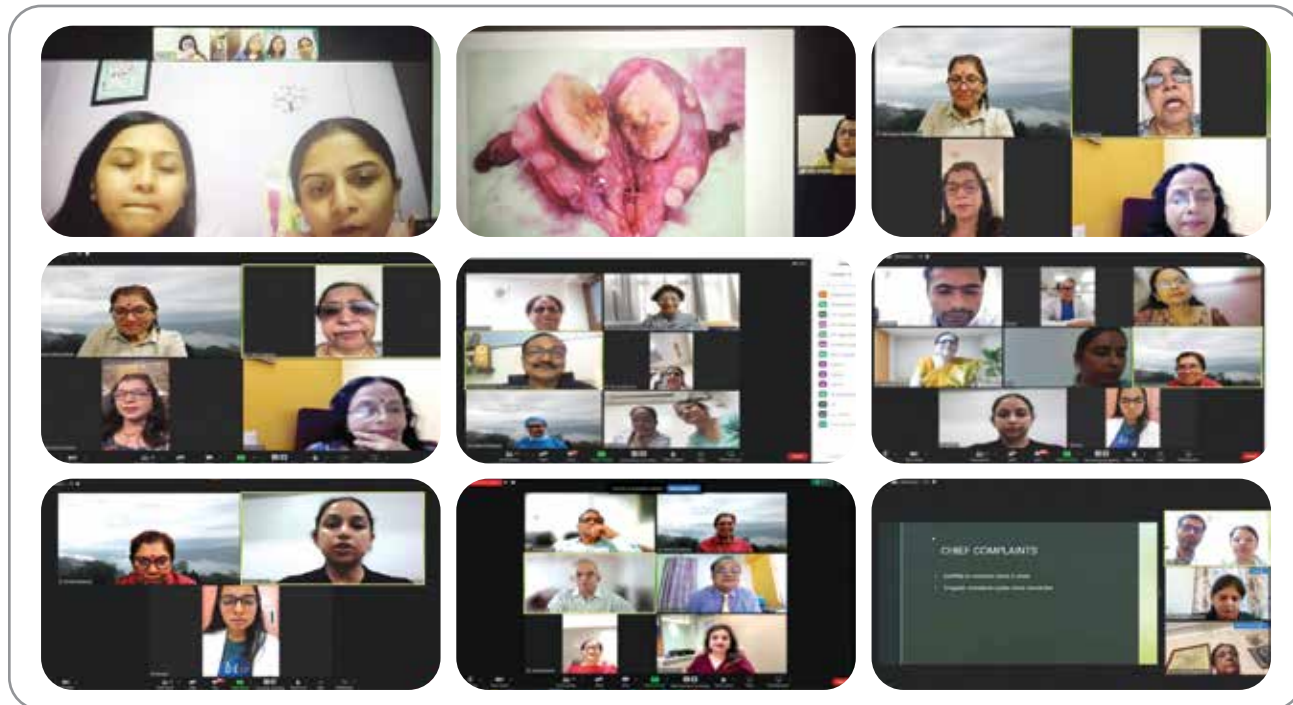


## ACTIVITIES HELD UNDER NARCHI IN JULY 2024

### GURUKUL CLASSES HELD ON 5th – 7th JULY, 2024

Gurukul classes organized by Institute of Obstetrics & Gynaecology, were held for post graduate students at Sir Ganga Ram Hospital on 5th – 7th July, 2024. The Gurukul was attended by approximately 80 delegates.

It was an interactive session with lots of take home messages.



### CME ON CONTRACEPTION HELD ON 11th July, 2024

NARCHI Delhi Chapter organized CME on Contraception at Sir Ganga Ram Hospital, New Delhi to celebrate world population day.

We were blessed by our Chief Guest – Dr. Jyoti Sachdeva & Guest of Honor - Dr. Jayashree Sood. We had inputs from experienced chairpersons like – Dr. Kanwal Gujral, Dr. Harsha Khullar, Dr. Kanika Jain, Dr. Mamta Dagar, Dr. Richa Sharma, Dr. Nidhi Khera, Dr. Seema Prakash & Dr. Jaya Chawla. We were lucky to have star speakers who enlightened us on topics of “Role of E2V/DNG – A novel quadriphasic regimen in management AUB O-AUB E” by Dr. Mala Srivastava, “Newer methods of contraception introduced in GOI Basket” by Dr. Anita Rajorhia. Case based Panel Discussions were held on Contraceptives in Special Scenarios by Dr. Geeta Mediratta & Dr. Chandra Mansukhani, moderated by – Dr. Kavita Aggarwal and panelists were Dr. Sharmistha Garg, Dr. Purvi Khandelwal, Dr. Huma Ali, Dr. Renuka Brijwal & Dr. Vidhi Chaudhary. The CME was attended by approximately 50 delegates.

It was an interactive session with lots of take home messages.





## **PUBLIC AWARENESS LECTURES ON RESPECTFUL MATERNITY CARE HELD ON 14TH JULY, 2024**

NARCHI DELHI CHAPTER - Together with Institute of Obstetrics & Gynaecology and Institute of Anaesthesiology, Pain & Perioperative Medicine, Sir Ganga Ram Hospital, New Delhi organized Public Awareness Lectures on Respectful Maternity Care at Sir Ganga Ram Hospital, New Delhi on 14th July 2024.

It was attended by 8 antenatal patients along with their husbands, an interactive session was held where basics of "Antenatal Care" was taken by Dr. Sharmistha Garg, "Introduction To Labour Analgesia" was taken by Dr. Anjeleena Gupta, "Dietary Management" was taken by Dr. Vandana, "Physiotherapy In ANC" was taken by Dr. Indu (PT) & Dr. Deepti Pandey (PT), "Breast Feeding" was taken by Ms. Neha along with Mrs. Priya Gandhi & "Labour Care Bundle" was taken by S/N Sarita Samul. The topics were discussed in detail and all the related queries were answered. This sessions of Public Awareness Lectures was highly appreciated.

It was an interactive session and all the delegates really appreciated the event.



## **PUBLIC AWARENESS ON WPD (WORLD POPULATION DAY) WAS HELD IN THE FORM OF PAKHWADA UNDER THE AEGIS OF NARCHI DELHI CHAPTER AT SIR GANGA RAM HOSPITAL.**

The theme decided by the government of India was "Healthy timing & spacing of pregnancies for well being of mother & child".

The activity was conducted in two phases, each lasting a fortnight.

First Pakhwada was on "Dampati Sampark Pakhwada" or "Mobilization Fortnight" organized from 27th June to 10th July 2024.

Second Pakhwada was on "Jansankhya Sthirta Pakhwada" or "Service Provisioning Fortnight" organized from 11th July to 24th July 2024.

Pakhwada was attended by the reproductive population of Delhi and it was very well appreciated.



## **ACTIVITIES HELD UNDER NARCHI IN AUGUST 2024**

### **PUBLIC AWARENESS LECTURES ON RESPECTFUL MATERNITY CARE HELD ON 14TH AUG, 2024**

NARCHI DELHI CHAPTER - Together with Institute of Obstetrics & Gynaecology and Institute of Anaesthesiology, Pain & Perioperative Medicine, Sir Ganga Ram Hospital, New Delhi organized Public Awareness Lectures on Respectful Maternity Care at Sir Ganga Ram Hospital, New Delhi on 14th August 2024.

It was attended by 8 antenatal patients along with their husbands, an interactive session was held where basics of "Pregnancy of Labour" was taken by Dr. Sharmistha Garg, "Labour pain is the most painful experience in a woman's life" was taken by Prof. (Dr.) Anjeleena Kumar Gupta, "Dietary Management" was taken by Dr. Vandana, "Role of Physiotherapy" was taken by Dr. Deepti Pandey (PT), "Breast Feeding"

was taken by Mrs. Priya Gandhi & "The Maternity Bag" was taken by S/N Sarita Samul. The topics were discussed in detail and all the related queries were answered. This sessions of Public Awareness Lectures was highly appreciated.

It was an interactive session and all the delegates really appreciated the event.



## ACTIVITIES HELD UNDER NARCHI IN SEPTEMBER 2024

### PUBLIC AWARENESS LECTURES ON RESPECTFUL MATERNITY CARE HELD ON 14TH Sept, 2024

NARCHI DELHI CHAPTER - Together with Institute of Obstetrics & Gynaecology and Institute of Anaesthesiology, Pain & Perioperative Medicine, Sir Ganga Ram Hospital, New Delhi organized Public Awareness Lectures on Respectful Maternity Care at Sir Ganga Ram Hospital, New Delhi on 14th September 2024.

It was attended by 8 antenatal patients along with their husbands, an interactive session was held where basics of "Pregnancy of Labour" was taken by Dr. Sharmistha Garg, "Labour pain is the most painful experience in a woman's life" was taken by Prof. (Dr.) Anjeleena Kumar Gupta, "Dietary Management" was taken by Dr. Vandana, "Role of Physiotherapy" was taken by Dr. Deepti Pandey (PT), "Breast Feeding" was taken by Mrs. Priya Gandhi & "The Maternity Bag" was taken by S/N Sarita Samul. The topics were discussed in detail and all the related queries were answered. This sessions of Public Awareness Lectures was highly appreciated.

It was an interactive session and all the delegates really appreciated the event.





## **PUBLIC AWARENESS PROGRAM ON MENSTRUAL HEALTH IN ADOLESCENTS HELD ON 21ST Sept, 2024.**

Under the aegis of NARCHI Delhi Chapter Institute of Obstetrics and Gynaecology, Sir Ganga Ram Hospital organized a public awareness program and adolescent health at Children Hope Prayas, Anand Parbat. Relevant Topics concerning adolescent health like hormonal changes and menstrual hygiene were discussed by the senior consultant Dr. Chandra Mansukhani, the workshop attended by 75 adolescent girls, all of whom eagerly participated in the discussion.





# NARCHI DELHI 2024

30th Annual Conference of National Association for Reproductive & Child Health of India (NARCHI)-Delhi Branch

Organized by: Institute of Obstetrics & Gynaecology  
Sir Ganga Ram Hospital, New Delhi

Venue: Hotel The Lalit, New Delhi

*Theme: "Be Aware-Adopt-adhere to the protocols"*

04th-06th  
October  
2024



Conference Brochure





# NARCHI DELHI CHAPTER

Institute of Obstetrics & Gynaecology, Sir Ganga Ram Hospital, New Delhi

You are well aware that the International Community Celebrates 11th July every year as World Population Day. The Govt. of India has been giving due emphasis to the issue of Population Stabilization and all states observe a month long campaign in the month of June and July every year.

*The theme for this year World Population Day*

**“Healthy timing & spacing of pregnancies for wellbeing of mother and child”.**

The National Slogan for WPD 2024 has been themed as follows:

**Viksit Bharat Ki Nayi Pehchan  
Parivar Niyojan har Dampati Ki  
Shaan**

**विकसित भारत की नई पहचान  
परिवार नियोजन हर दम्पति की शान**

The activities are spread over two phases each lasting a fortnight, the **first one** dedicated to demand generation and **second one** dedicated to intensified service delivery.

The details of the fortnights to be observed are as follows:

**Phase I:** First Pakhwada (Fortnight) as the “**Dampati Sampark Pakhwada**” or “**Mobilization Fortnight**” from 27th June, 2024 to 10th July, 2024.

**Phase II:** Second Pakhwada “**Jansankhya Sthirta Pakhwada**” or “**Service Provisioning Fortnight**” from 11th to 24th July, 2024.



# NARCHI DELHI 2024



30th Annual Conference of National Association for Reproductive & Child Health of India  
Theme: "Be Aware-Adopt-adhere to the protocols"



## VIDEO WORKSHOP ON UROGYNAECOLOGY

"Organized by Institute of Obstetrics & Gynaecology, Sir Ganga Ram Hospital, New Delhi"



**Date:** 3rd October 2024  
**Time:** 08:00 - 04:00 PM



**Venue:** Auditorium, Sant Parmanand Hospital,  
Civil Lines, Delhi

**Convener :** Dr. Sonal Bathla

**Co-Convener :** Dr. Uma Rani Swain

**Chief Guest :** Dr. Sharda Jain

**Guest of Honour:** Dr. Ashok Kumar, Dr. Nirmala Agarwal

REGISTRATION			
WELCOME ADDRESS AND INTRODUCTION		MOC: Dr. Anju Bala	
Time	TOPIC	Speaker	Chairpersons
<b>Session I- Ascending Beyond : The Art &amp; Science of Non Descent Vaginal Hysterectomy</b>			
9:00 - 9:20 am	The Art of Vaginal Surgery: An Anatomical Approach	Dr. Monika Gupta	Dr. Sharda Jain, Dr. N B Vaid, Dr. Indu Chawla, Dr. Neha Mishra, Dr. Shalu Jain, Dr. Mohini Agarwal
9:20 - 9:40 am	Non Descent Vaginal Hysterectomy: Surgical Dilemmas	Dr. Sonal Bathla	
9:40 - 10:30 am	Panel: NDVH unveiled: Expert Perspectives & Practices	Dr. Sweta Balani Dr. Preeti Arora Dhamija	Dr. Rajeshree Jain, Dr. A.G Radhika, Dr. Reena Yadav, Dr. Rashmi Malik, Dr. Rinku Sen Gupta, Dr. Anshuja Singla
<b>10:30 - 11:00 am INAUGURATION AND TEA BREAK</b>			
<b>Session II- A Comprehensive Session : Understanding the Management of Utero-Vaginal Prolapse</b>			
11:00 - 11:20am	Tissue Triumph: Advocating Prolapse Treatment through Native tissue Repair	Dr. Uma Rani Swain	Dr. Manju Khemani, Dr. Shakuntala Kumar, Dr. Jayshree Sunder, Dr. Arbinder Dang, Dr. Vandana Agrawal, Dr. Payal Agarwal
11:20 - 11:40am	Reinforcing the Vault: Insights into Sacrospinous Colpopexy	Dr. R. K Purohit	
11:40 - 12:00noon	Advanced Techniques in High Uterosacral Suspension for better Surgical Outcome & Patient Care	Dr. Hara Prasad Pattanaik	
12:00 - 12:50pm	Panel Discussion : Evidence Based Management of Prolapse of Different Compartments of Vagina	Dr. Sandhya Jain Dr. Swati Agrawal	Dr. Ranjana Sharma, Dr. Manju Puri, Dr. Achla Batra, Dr. Pawan Bhasin, Dr. Poonam Sachdeva.
<b>1:00 - 2:00 pm Lunch</b>			
<b>Session III-Confidence Regained:Conquering Bladder Incontinence withModern Solutions</b>			
2:00 - 2:20 pm	Applied Anatomy for SUI & Role of Autologous Sling	Dr. Karishma Thariani	Dr Chitra Setya, Dr Jyoti Chugh, Dr Abha Sharma, Dr Uma Vadyathan, Dr Sonia Madaan
2:20 - 2:40 pm	Burch Colposuspension	Dr. Alka Sinha	Dr Anju Bala
2:40 - 3:00 pm	Physiology & Medical Management of Urge Urinary Incontinence	Dr. Nikhil Khattar	
3:00 - 3:50 pm	Panel : Transforming Lives with Innovative Incontinence Solutions	Dr. Amita Jain Dr. Manasi Deoghare	Dr. J B Sharma, Dr. Geeta Mediratta, Dr. Shrihari Anikhindi Dr. Rajesh Kumari, Dr. Jaya Chawla
<b>3:50 - 4:00 pm Vote of Thanks</b>			

### CONTACT US:

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# NARCHI DELHI 2024

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## MASTERING MYOMECTOMY VIDEO WORKSHOP

"Organized by Institute of Obstetrics & Gynaecology, Sir Ganga Ram Hospital, New Delhi"



**Date:** 3rd October 2024

**Time:** 09:00 - 05:00 pm



**Venue:** Hall 'A' Auditorium, Sir Ganga Ram Hospital



**Chief Guest**  
**Dr. Jaya Shree Sood**



**Guest of Honour**  
**Dr. A.K. Bhalla**



**Convener**  
**Dr. Punita Bhardwaj**



**Co-Convener**  
**Dr. Renuka Brijwal,**



**Co-Convener**  
**Dr. Jhanvi**

09:00-09:15 AM			
REGISTRATION			
WELCOME ADDRESS AND INAUGURATION			
Time	Topic	Speaker	Chairperson
9:30 - 10:00 am	Port Placements in Laparoscopic Myomectomy	Dr. Shivani Sabharwal	Dr. K. Gujral
10:00 - 10:30 am	Incision and Enucleation in Laparoscopic Myomectomy	Dr. Debasis Dutta	Dr. Sanjivni Khanna
10:30 - 11:00 am	Tissue retrieval & Laparoscopic Myomectomy	Dr. Alka Sinha	Dr. Geeta Mediratta
11:00 - 11:30 am	Hemostasis in Endoscopic Myomectomy	Dr. Dinesh Kansal	Dr. Harsha Khullar
11:30 - 12:00 noon	Uterine Reconstruction and Laparoscopic Myomectomy	Dr. Punita Bhardwaj	Dr. Sandeep Talwar Dr. Tripti Sharan
12:00 -12:30 pm			
TEA BREAK			
12:30 - 01:30 pm	Complications & Pit falls in Laparoscopic Myomectomy <b>Moderator:</b> Dr. Punita Bhardwaj <b>Discussants:</b> Dr. Alka Sinha, Dr. Anupama Sethi, Dr. Dinesh Kansal, Dr. Jyoti Mishra, Dr. Meenakshi Goyal, Dr. Neema Sharma, Dr. Sanjeevni Khanna, Dr. Shivani Sabharwal, Dr. Usha Kumar		Dr. Renu Mishra Dr. Pikee Saxena Dr. Renu Tanwar
01:30 - 02:00 pm			
LUNCH			
02:00 - 02:30 pm	Hysteroscopic Morcellation	Dr. Anupama Sethi	Dr. K. K. Roy
02:30 - 03:00 pm	Hysteroscopic Myomectomy	Dr. Neema Sharma	Dr. Indu Chawla Dr. Anjila Aneja
03:00 - 03:30 pm	Complications in Operative Hysteroscopy	Dr. Meenakshi Goyal	
03:30 - 04:00 pm	Laparoscopy v/s Robotic myomectomy	Dr. Jyoti Mishra	Dr. Neena Singh
04:00 - 04:30 pm	Robotic and Multiple myomectomy	Dr. Usha Kumar	Dr. Mala Shrivastava Dr. Chandra Mansukhani
Vote of Thanks			

**Hands on Endotrainer for all registered delegates 9:00 to 6:00 pm**

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30th Annual Conference of National Association for Reproductive & Child Health of India  
Theme: "Be Aware-Adopt-adhere to the protocols"



## OBSTETRICS SKILL WORKSHOP

"Organized by Institute of Obstetrics & Gynaecology, Sir Ganga Ram Hospital, New Delhi"



**Date:** 3rd October 2024

**Time:** 08:00 - 04:00 PM



**Venue:** Hamdard Institute of Medical Sciences and Research, Jamia Hamdard, New Delhi

Time	TOPIC	Speaker
08:30 - 09:00 AM	REGISTRATION	
—	WELCOME ADDRESS AND INTRODUCTION	
Session 1 - Chairpersons: Dr. Vinita Sarabhai, Dr. Ritu Sharma		
9:05 - 9:15 AM	Breech vaginal delivery	Dr. Dina Aisha Khan
9:15 - 9:25 AM	Shoulder Dystocia	Dr. Supriya Chaubey
9:25 - 9:35 AM	Instrumental vaginal delivery	Dr. Shilpi Nain
9:35 - 9:45 AM	Balloon Tamponade	Dr. Nidhi Gupta
9:45 - 10:00 AM	TEA	
Time	TOPIC	Speaker
Session 2 - Chairpersons: Dr. Bindu Yadav, Dr. Reva Tripathi		
10:00 - 10:10 AM	Approach in case of adhesions	Dr. Neha Varun
10:10 - 10:20 AM	Second stage Cesarean section	Dr. Sumedha Sharma
10:20 - 10:30 AM	Delivering baby in malpresentations and use of forceps and vacuum in cesarean	Dr. Arpita De
10:30 - 10:40 AM	Hemostatic sutures	Dr. Arifa Anwar
10:40 - 10:50 AM	Stepwise devascularization & Int iliac Ligation	Dr. Aruna Nigam
10:50 - 1:00 PM	<b>HANDS ON SESSION:</b> 2nd stage (Patwardhan), Shoulder dystocia, Instrumental vag deliy, Baby delivery with Malpresentations in CS & instruments in CS, Hemostatic sutures, SWD & int iliac artery ligation, Balloon Tamponade.	
1:00 - 1:45 PM	LUNCH	
Time	TOPIC	Speaker
Session 3 - Chairpersons : Dr. Sunita Malik, Dr. Raka Guleria		
1:45 - 2:00 PM	LSCS- Normal Technique	Dr. Jayshree Sunder
2:00 - 2:15 PM	Bladder Repair	Dr. Yasir
2:15 - 2:30 PM	Peripartum Hysterectomy	Dr. Aruna Nigam
2:30 - 2:45 PM	Complete Perineal Tear Repair	Dr. Mohini Agarwal
2:45 - 4:15 PM	<b>HANDS ON SESSION :</b> Cesarean suturing, Bladder suturing, Complete perineal repair (on Tissues)	
4:15 - 4:45 PM	VOTE OF THANKS AND TEA	

### Organizing Chairperson

Prof Aruna Nigam

### Organizing Secretary

Dr. Nidhi Gupta

### Treasurer

Dr. Asma Khanday

### Organizing Committee

Dr. Arifa Anwar Elahi

Dr. Pratibha Roy

Dr. Sumedha Sharma

Dr. Garima Maan

Dr. Dina Ayesha Khan

Dr. Neha Rathore

Dr. Supriya Chaubey

Dr. Lubna Inam

### Senior Residents

Dr. Neeti singhal

Dr. Shazia anjum

Dr. Ambreen Fatima

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# NARCHI DELHI 2024



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Theme: "Be Aware-Adopt-adhere to the protocols"



## GENETICS

"Organized by Institute of Obstetrics & Gynaecology, Sir Ganga Ram Hospital, New Delhi"



**Date:** 4th October 2024

**Time:** 02:00 - 05:00 pm



**Venue:** Hotel The Lalit, Connaught Place, New Delhi



**Chief guest**  
Dr. Dipika Dekha



**Convener**  
Dr. Veronica Arora

REGISTRATION			
01:00 PM	WELCOME ADDRESS BY THE CHIEF GUEST AND SECRETARY SIAMG		
(10min)	Pre workshop questionnaire		
Time	TOPIC	Speaker	Chairpersons
2:00 - 2:25	Markers and their meaning	Dr. Seema Thakur	Dr. Sangeeta Gupta Dr. Ramnik Sabharwal Dr. Vidhi Hathi
2:25 - 2:50	Chromosomal microarray demystified. Indications and Interpretation	Dr. Sunita Bijarnia Mahay	Dr. Leena Sridhar Dr. Alok Varshney Dr. Anubhuti Rana
2:50 - 3:15	Exome Elaborated- Indications and Interpretation	Dr. Ratna Puri	Dr. Vandana Chadha Dr. Neerja Gupta Dr. Upma Saxena
3:15 - 3:40	Prenatal genetic testing beyond exome and microarray	Dr. Madhulika Kabra	Dr. Vatsala Dadwal Dr. Dipika Dekha Dr. Jyoti Bali
3:45 - 5:00	Hands on training for genetic report interpretation		
Time	Topic	Group 1	Group 2
	Case based hands on training for ordering and interpretation of tests	Dr. Sangeeta Khatter Dr. Sameer Bhatia	Dr. Swasti Pal Dr. Mayank Nilay
10 min	Post Workshop Questionnaire		
<b>Quiz on genetic test interpretation</b>			

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## FP SERVICES: EXPANDING SERVICES, ENSURING RIGHTS

"Organized by Institute of Obstetrics & Gynaecology, Sir Ganga Ram Hospital, New Delhi"



**Date:** 4th October 2024

**Time:** 02:00 - 05:00 pm



**Venue:** Hotel The Lalit, Connaught Place, New Delhi



**Convener**  
**Dr. Sumita Mehta**



**Co-Convener**  
**Dr. Anshul Rohtagi**

REGISTRATION			
02:00 - 02:15 pm	WELCOME ADDRESS		
Time	Topic	Speaker	Chairperson
SESSION - 1			
02:15 - 02:30 pm	MTP Act- Connecting the Dots	Dr. Amita Agarwal	Dr. Nalini Bala Pandey Dr. Richa Sharma
02:30 - 2:45 pm	Second Trimester Abortion- Protocols and Techniques	Dr. Anshul Rohtagi	Dr. CD Jassal Dr. Poonam Sachdeva
SESSION - 2			
2:45 - 3:00 pm	Postabortion Contraception : Challenges & Stitching the Gap	Dr. Rashmi Gera	Dr. Harsha Khullar Dr. Suman Lata Mendiratta
3:00 - 3:15 pm	Breaking Barriers-Immediate Postpartum LARC	Dr. Kanika Chopra	Dr. Rachna Sharma Dr. Arifa Anwar
SESSION - 3			
3:15 - 3:30 pm	Manual Vacuum Aspiration : Regaining Confidence	Dr. Sumita Mehta	Dr. Ashok Kumar Dr. Sudha Gupta
3:30 - 3:45 pm	Subdermal Implant: New Kid on the Block	Dr. Anshuja Singla	Dr. Anita Rajorhia
SESSION - 4			
3:45 - 4:15 pm	Role Play- Contraception Conundrum	<b>Experts :</b> Dr. Renu Manchanda Dr. Jyoti Sachdeva Dr. Vinita Gupta Dr. Neeta Sagar	
4:15 - 5:00 pm	"Hands-on Workshop" on MVA and subdermal Implants	<b>Trainers :</b> Dr. Shailja R Sinha Dr. Sumita Mehta Dr. Anshuja Singla Dr. Neha Varun	

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# NARCHI DELHI 2024



Royal College of  
Obstetricians &  
Gynaecologists

30th Annual Conference of National Association for Reproductive & Child Health of India  
Theme: "Be Aware-Adopt-adhere to the protocols"



## PRE CONFERENCE WORKSHOP

# CTG:INTRAPARTUM FETAL MONITORING

Organized by:  
Institute of Obstetrics & Gynaecology, Sir Ganga Ram Hospital, New Delhi  
&  
"IRC RCOG India North"



Date: 4th October 2024  
Time: 9:00am-1:00pm

Convener : Dr. Mamta Dagar  
Co-Convener : Dr. Purvi Khandelwal



Venue: Hotel The Lalit, Connaught Place, New Delhi

MOC : Dr. Purvi Khandelwal & Dr. Huma Ali

08:30-09:00 AM	REGISTRATION	
09:00-09:15 AM	WELCOME ADDRESS AND INTRODUCTION (Dr. Mamta Dagar)	
	Chairpersons : Dr. Kanwal Gujral, Dr. Geeta Mediratta, Dr. Mamta Dagar, Dr. Neeti Tiwari	
Time	Session 01	Speaker
09:15-09:30 AM	• Pathophysiology Behind CTG (5 min Q/ A & Discussion)	Dr. Jharna Behura
09:30-09:50 AM	• CTG Interpretation (5 min Q/ A & Discussion)	Dr. Poonam Tara
09:55-10:10 AM	• Pathological CTG - when to Intervene (5 minutes Q/A & Discussion)	Dr. Jayasree Sundar
10:15-10:30 AM	• Optimal Fetal Surveillance in Labour (5 min Q/ A & Discussion with)	Dr. Mamta Mishra
10:45-01:00 PM	<b>Breakout session-CTGs with 5 case scenarios , 15 min each session :</b> Dr. Jayasree Sundar, Dr. Jharna Behura, Dr. Poonam Tara, Dr. Shelly Arora, Dr. Mamta Mishra, Dr. Muntaha Khan, Dr. Huma Ali, Dr. Purvi Khandelwal, Dr. Puja Jain	

## FACULTIES

Dr. Kanwal Gujral  
Dr. Neeti Tiwari  
Dr. Jayasree Sundar  
Dr. Jharna Behura

Dr. Geeta Mediratta  
Dr. Huma Ali  
Dr. Poonam Tara  
Dr. Shelly Arora

Dr. Mamta Dagar  
Dr. Purvi Khandelwal  
Dr. Mamta Mishra  
Dr. Muntaha Khan  
Dr. Puja Jain

## ★ SUMMARY

This workshop is designed for professionals involved in intrapartum care. It provides a comprehensive overview of CTG interpretation and management strategies to improve fetal outcomes during labor. The combination of lectures and breakout sessions ensures practical, hands-on experience with real case scenarios.

## ★ WHY YOU MUST ATTEND

- Understanding the pathophysiology of fetal hypoxia and its manifestation on CTG
- Correct Interpretation of CTG
- Interpret CTG abnormalities that might suggest hypoxia
- Improve your decision making in Intrapartum management & avoid Intrapartum hypoxia

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## CRITICAL CARE IN OBSTETRICS

"Organized by Institute of Obstetrics & Gynaecology, Sir Ganga Ram Hospital, New Delhi"



**Date:** 4th October 2024  
**Time:** 08:30 - 04:30 PM



**Venue:** Old LT opp OPD Building, VMMC and Safdarjung Hospital, New Delhi

**MOC:** Dr. Himal and Dr. Sakshi

**CONVENER :** DR. JYOTSNA SURI

**CO-CONVENER :** DR. REKHA BHARTI

Time	TOPIC	Speaker	Chairpersons
08:30 - 09:00 AM	REGISTRATION AND PRELIMINARY QUIZ		
09:00 - 09:05 AM	WELCOME ADDRESS AND INTRODUCTION		DR. BINDU BAJAJ
09:05 - 10:00 AM	Session I- Cross Talk : Evaluation of Critically Ill Pregnant Women		
09:05 - 09:30 AM	Why critically ill pregnant women are a challenge?	Dr. Sheeba Marwah, Dr. Binita Jaiswal	Dr. Anjali Dabral, Dr. Bindu Bajaj, Dr. Usha Rani, Dr. Sunita Yadav
09:30 - 9:55 AM	Early warning scores Why & When?	Dr. Ratna Biswas, Dr. Anjila Aneja	
09:55 - 10:00 AM	Audience Interaction		
10:00 - 11:00 AM	Session II- Point of Care Tests in Critically Ill Pregnant Women		
10:00 - 10:25 AM	RUSH Protocol	Dr. Nalini Bala Pandey	Dr. Achla Batra
10:25 - 10:50 AM	ABG	Dr. Jyotsna Suri	Dr. Mala Srivastava
10:50 - 11:00 AM	Audience Interaction		Dr. Jyoti Sachdeva
10:50 - 11:00 AM	Dr. Upma Saxena		
11:00 - 11:30 AM	INAUGURATION		
11:30 - 11:50 AM	Tea Break		
11:50 - 12:50 AM	Session III- Panel Discussion	Moderators: Dr. Rekha Bharti, Dr. Zeba Khanam	Expert: Dr. Jyotsna Suri
	Eclampsia with HELLP, PE & AKI, AFE, Maternal Collapse with DIC	Dr. Sumitra Bachani, Dr. Meenakshi, Dr. Rajesh Kumar, Dr. Rajesh Kumari (SJH) Dr. Taru Gupta, Dr. Praseon Gupta, Dr. Leena N Sreedhar	
12:50 - 01:30 AM	Session IV- Sepsis in Obstetrics		
12:50 - 01:05 PM	SSC bundle approach	Dr. Niharika Dhiman	Dr. Sudha Salhan
01:05 - 01:20 PM	Antibiotics in Sepsis	Dr. Rekha Bharti	Dr. Anita Kumar,
01:20 - 01:30 PM	Audience Interaction		Dr. Reeta
01:20 - 01:30 PM	Dr. Kavita Agarwal		
01:30 - 02:00 PM	Lunch		
02:00 - 02:30 PM	Session V- Quiz Masters: Dr. Sheeba Marwah, Dr. Zeba Khanam Quiz Judges: Dr. Harsha S. Gaikwad, Dr. Rajesh Kumari (AIIMS)		
02:30 - 04:30 PM	Session VI- Workshop Five Workshop Stations: 20 minutes each		
Stations I	Ventilator Setting	Dr. Harish Sachdeva & Team Anaesthesia	
Stations II	CPR	Dr. Sheeba Marwah, Dr. Zeba Khanam, Dr. Sakshi Nischal	
Stations III	Airway Management	Dr. D. S. Meena & Team Anaesthesia, Dr. Aprajita Gupta	
Stations IV	Oxygen & NIV	Dr. Rohit Kumar, & Team Respiratory Medicine, Dr. Akanksha Mohanty	
Stations V	Vasopressors	Dr. Rekha Bharti, Dr. Monika Gupta, Dr. Himal Singla	
04:30 PM	Quiz Result		

### Advisors

**DR. BINDU BAJAJ**  
**DR. ANJALI DABRAL**

### Organising Secretary

**DR. SHEEBA MARWAH**

### Jt. Organising Secretary

**DR. ZEBHA KHANAM**

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# NARCHI DELHI 2024

30th Annual Conference of National Association for Reproductive & Child Health of India  
Theme: "Be Aware-Adopt-adhere to the protocols"



## FP SERVICES: EXPANDING SERVICES, ENSURING RIGHTS

"Organized by Institute of Obstetrics & Gynaecology, Sir Ganga Ram Hospital, New Delhi"



**Date:** 4th October 2024

**Time:** 02:00 - 05:00 pm



**Venue:** Hotel The Lalit, Connaught Place, New Delhi



**Convener**  
**Dr. Sumita Mehta**



**Co-Convener**  
**Dr. Anshul Rohtagi**

REGISTRATION		WELCOME ADDRESS	
Time	Topic	Speaker	Chairperson
SESSION - 1			
02:00 - 02:15 pm			
02:15 - 02:30 pm	MTP Act- Connecting the Dots	Dr. Amita Agarwal	Dr. Nalini Bala Pandey Dr. Richa Sharma
02:30 - 2:45 pm	Second Trimester Abortion- Protocols and Techniques	Dr. Anshul Rohtagi	Dr. CD Jassal Dr. Poonam Sachdeva
SESSION - 2			
2:45 - 3:00 pm	Postabortion Contraception : Challenges & Stitching the Gap	Dr. Rashmi Gera	Dr. Harsha Khullar Dr. Suman Lata Mendiratta
3:00 - 3:15 pm	Breaking Barriers-Immediate Postpartum LARC	Dr. Kanika Chopra	Dr. Rachna Sharma Dr. Arifa Anwar
SESSION - 3			
3:15 - 3:30 pm	Manual Vacuum Aspiration : Regaining Confidence	Dr. Sumita Mehta	Dr. Ashok Kumar Dr. Sudha Gupta
3:30 - 3:45 pm	Subdermal Implant: New Kid on the Block	Dr. Anshuja Singla	Dr. Anita Rajorhia
SESSION - 4			
3:45 - 4:15 pm	Role Play- Contraception Conundrum	<b>Experts :</b> Dr. Renu Manchanda Dr. Jyoti Sachdeva Dr. Vinita Gupta Dr. Neeta Sagar	
4:15 - 5:00 pm	"Hands-on Workshop" on MVA and subdermal Implants	<b>Trainers :</b> Dr. Shailja R Sinha Dr. Sumita Mehta Dr. Anshuja Singla Dr. Neha Varun	

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30th Annual Conference of National Association for Reproductive & Child Health of India  
(NARCHI)-Delhi Branch and (IFS) Indian Fertility Society  
Theme: "Be Aware-Adopt-adhere to the protocols"



## FINE-TUNING OVARIAN STIMULATION FOR PRACTISING GYNECOLOGISTS

"Organized by Institute of Obstetrics & Gynaecology, Sir Ganga Ram Hospital, New Delhi"



**Date:** 4th October 2024

**Time:** 09:00 - 01:00 PM

**Convener :** Dr.Shweta Mittal Gupta

**Co-Convener :** Dr.Neeti Tiwari



**Venue:** Hotel The Lalit, Connaught Place, New Delhi

**Coordinator:** Dr.Sakshi Nayar

Time	TOPIC	Speaker
08:45 AM	REGISTRATION	
9:00am – 9:05am	Welcome address by convener	
9:05 am - 9:10 am	Address by chief guests	
9:10 am - 9:30 am	Revisiting Oral ovulogens	Dr.Ruma Satwik
9:30 am - 9:50 am	How to use gonadotropins safely for ovarian stimulation in IUI?	Dr.Surveen Ghumman
9:50 am -10:10 am	When and how to trigger?	Dr Puneet Rana Arora
10:10am - 10:30am	How do I improve my Success rate in IUI ?	Dr.Abha Majumdar
10:30am - 10:45am	How to set up level 1 ART clinic?	Dr.Rashmi Sharma
10:45am -11:00am	Antioxidants in infertility (sponsored by Celagenics)	Dr. Sakshi Nayar
11.00am -11.15 am	Tea Break	
11:15 am – 12:15 pm	Moderator: Endocrinopathies affecting Ovarian stimulation: Practical approach	
	Moderators: Dr.Shweta Mittal Gupta, Dr.Neeti Tiwari	
	Panelists : Dr. Pikee Saxena, Dr. Setu Gupta (Endocrinologist ), Dr. Jyoti Bali, Dr. Sunita Arora, Dr. Renu Tanwar, Dr. Nisha Bhatnagar , Dr. Bhawani Shekhar, Dr. Manisha Navani	
12:15 PM – 1:00 PM	Reverse panel : Difficult situations in ovarian stimulation	
12:15- 12:25	Case 1: Stagnant follicle with clomiphene citrate Presenter : Dr. Renu Singh ; Experts: Dr. Shalini Chawla Khanna, Dr. Parul Garg	
12:25-12:35	Case 2: Multiple follicles with thin ET with letrozole stimulation Presenter : Dr. Snigdha ; Experts : Dr. Aanchal Agarwal , Dr. Ankita Sethi	
12:35- 12:45	Case 3: Unilateral small endometrioma with infertility Presenter: Dr. Tanu Sharma ; Experts: Dr. Tejashri Shrotri, Dr. Keya Kalra	
12:45 - 12:55	Case 4: Mild Male factor infertility Presenter : Dr. Nisha Yadav; Experts : Dr. Sweta Gupta, Dr. Shikha Jain	
1:00 pm	Lunch	

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Theme: "Be Aware-Adopt-adhere to the protocols"



## STILL BIRTHS: DECODING THE ENIGMA

"Organized by Institute of Obstetrics & Gynaecology, Sir Ganga Ram Hospital, New Delhi"



**Date:** 4th October 2024  
**Time:** 02:00 - 05:00 pm



**Venue:** Hotel The Lalit, Connaught Place, New Delhi



**Convener**  
Dr. Nidhi Kherra



**Co-Convener**  
Dr. Kumar Ankur



**Co - Convener**  
Dr. Chanchal

REGISTRATION		
02:00 - 02:05 pm	WELCOME ADDRESS	
Time	Topic	Speaker
<b>PREVENTIVE OF STILL BIRTH</b>		
Chairpersons : Dr. Kanwal Gujral, Dr. A.G. Radhika, Dr. Vatsla Dadhwal, Dr. Alok Bhandari		
02:05 - 02:20 pm	Is Stillbirth preventable ?	Dr. Tamkeen Khan
02:25 - 02:40 pm	Intrapartum Prevention of Stillbirth	Dr. Rinku Sen Gupta
02:45 - 03:00 pm	Role of Neonatologist in preventing Stillbirth	Dr. Avneet Kaur
<b>THE UNTHINKABLE HAS HAPPENED .... what next?</b>		
Chairpersons : Dr. Asmita Rathore, Dr. Dipika Deka, Dr. Preety Aggarwal, Dr. Shilpa Ghosh		
03:05 - 03:25 pm	Evaluation of Stillbirth Fetus & Placenta	Dr. Ratna Puri
03:30 - 04:30 pm	<b>Panel Discussion : Case Scenarios : What went wrong ?</b>	
	Moderators : Dr. Chanchal, Dr. Nidhi Kherra Experts : Dr. Reva Tripathi, Dr. Dipika Deka	
	Panelists :- Dr. Jayasree Sundar, Dr. Poonam Tara, Dr. Manisha, Dr. Nandita Dimri, Dr. Seema Thakur, Dr. Kumar Ankur	
Chairpersons : Dr. Tamkeen Khan, Dr. Kiran Arora, Dr. Krishna Aggarwal, Dr. Richa Aggarwal		
04:30 - 05:00 pm	Role Play - Breaking News of Still birth	Dr. Kamna Datta & Team
Vote of Thanks		

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## PREVENTIVE ONCOLOGY WORKSHOP

"Organized by Institute of Obstetrics & Gynaecology, Deen Dayal Upadhyaya Hospital, New Delhi"



**Date:** 4th October 2024  
**Time :** 11:30 - 05:00pm



**Venue:** Hotel The Lalit, Connaught Place, New Delhi

**Chief Guest :** Dr. Mala Shrivastava  
**Guest of Honour :** Dr. Pushpa Singh

**Organising Chairperson :** Dr. Poonam Lau  
**Convener:** Dr. Urvashi Miglani, Dr. Harvinder Kaur  
**Organizing Secretary:** Dr. Ritu Goyal, Dr. Richa, Dr. Aishwarya

Time	TOPIC	Speaker
11:30-11:40 PM	REGISTRATION	
	WELCOME ADDRESS AND INTRODUCTION	
<b>SESSION 1 – Chairpersons: Dr. Sunita Seth, Dr. Sunita Malik, Dr. Sunita Lamba , Dr. Shanti</b>		
11:40-11:50AM	Changing perspectives of Cervical Screening with HPV Tests	Dr. Shalini Aggarwal
11:50-12:00 Clock	The enigmatic HPV tests: Which one to choose	Dr. Rashmi Yadav
12:00-12:10PM	Endometrial and Vulval Cancer Screening: What can be done	Dr. Swasti
12:10-12:20PM	Preventive Strategies for Ovarian Cancer	Dr. Monisha Gupta
<b>SESSION 2 – Chairpersons: Dr. Y. M. Mala, Dr. Suman Lata , Dr. Shashi Raheja</b>		
12:20-12:30PM	HPV vaccination: Recent Updates	Dr. Poonam Lau
12:30-12:40PM	Tissue Basis of Colposcopy and Scoring Systems	Dr. Niharika Dhiman
12:40-12:50PM	Colposcopy Equipment : What's new	Dr. Shweta Balani
12:50-01:00PM	Management of CIN : The underlying principles	Dr. Shruti Bhatia
01:00-02:00PM	LUNCH	
<b>SESSION 3</b>		
02:00-03:00PM	<b>Panel Discussion</b>	
	<b>Experts :-</b> Dr. Amita Naithani, Dr. Shweta Giri	
	<b>Panellists :-</b> Dr. Ritu Goyal, Dr. Kamna Datta, Dr. Kanika Batra Modi, Dr. Monika Madaan	
		<b>Moderators :-</b> Dr. Urvashi Miglani Dr. Harvinder Kaur
<b>SESSION 4 – Video Sessions Chairpersons: Dr. Vijay Zutshi, Dr. Indu Chawla, Dr. Veena Acharya, Dr. Reena Yadav</b>		
03:00-03:10PM	Lletz	Dr. Shruti Bhatia
03:10-03:20PM	Thermoablation	Dr. Urvashi Miglani
03:20-03:30PM	Conisation	Dr. Aruna Nigam
03:30-03:40PM	Vulvoscopy	Dr. Archana
03:40-04:30PM	<b>Brain teasers : Dr. Ritu Goyal, Dr. Richa Madaan and Dr. Aishwarya Nandakumar</b>	
04:30-05:00PM	Hands on Session	

### COURSE HIGHLIGHTS

- SKILL ENHANCING HANDS-ON SESSIONS
- CRISP PRECISE DELIBERATIONS ON BASICS
- CASE BASED PANEL DISCUSSION WITH IMPORTANT TAKE HOME MESSAGES
- ENGAGE IN KNOWLEDGE SHARING BY EXPERTS OF THE FIELD
- ENLIGHTENING VIDEO SESSIONS ON PROCEDURES, HIGHLIGHTING TIPS AND TRICKS
- ENGAGING QUIZ FOR INQUISITIVE MINDS

### WHO SHOULD ATTEND

- GYNAECOLOGISTS
- POST GRADUATES IN OBSTETRICS AND GYNAECOLOGY,
- TRAINEES IN GYNAE ONCOLOGY

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