

ACTIVITIES HELD UNDER NARCHI IN APRIL 2024

HANDING OVER CEREMONY OF NARCHI DELHI OFFICE FROM TEAM LHMC TO TEAM SGRH



FIRST EXECUTIVE MEETING HELD ON 10TH APRIL, 2024

First hybrid executive meeting was held at Sir Ganga Ram Hospital on 10th April 2024.

We were honoured to have with us (physically) very senior veterans like Dr Mukherjee, Dr Maya Sood, Dr Chitra, Dr Swaraj Batra, Dr Bakshi, Dr Achla, Dr Manju Puri, Dr Abha Singh, Dr Indu Chawla, Dr Anita Sabharwal, Dr Latika Bhalla (Adolescent child specialist), Dr Anjeleena (anaesthetist), Dr Sumita Mehta. Besides team Sgrh. Many senior members joined via Zoom platform too.





PUBLIC AWARENESS LECTURES HELD ON 15TH APRIL, 2024

NARCHI Delhi chapter organized its first Public Awareness Lectures on Respectful Maternity Care Initiative on 15th April at Sir Ganga Ram Hospital.

About 10 couples attended the session. They were told about the journey of pregnancy as well as the destination of labour what they should expect. They were guided about nutrition, exercises as well as the labour analgesia.

The program was well appreciated. These initiatives are planned once every month and pregnant mother actually looks forward for these educative and interactive sessions.



CAMP HELD ON 18TH APRIL, 2024

We are pleased to inform you that “Public Awareness & Health Camp” was organized by Institute of Obstetrics & Gynaecology, Sir Ganga Ram Hospital on 18/04/2024 under the aegis of NARCHI Delhi Chapter jointly Organized by Institute of Obstetrics & Gynaecology, Sir Ganga Ram Hospital and Public awareness committee of FOGSI, AOGD at Sri Aurobindo College, Delhi University, Malviya Nagar.

The camp was conducted by our enthusiast doctors - Dr. Punita Bhardwaj, Dr. Huma Ali & Dr. Lakshaya (Intern) together with Dr. Anita Sabharwal of Public Awareness Committee of FOGSI, AOGD.

About **150 delegates** participated in this camp. This endeavor was highly appreciated and request was for more such activities in the future.



WEBINAR HELD ON 24TH APRIL 2024

On April 24th, 2024, a webinar on Breast Cancer was conducted under the aegis of the NARCHI Delhi Chapter and the Oncology Committee of FOGSI. The webinar was participated by approximately 67 delegates.

There were deliberations on Breast Cancer, what a gynecologist should know, imaging of Carcinoma, Pregnancy & Breast Cancer, Newer Modalities in management of Carcinoma Breast and Fertility Preservation in Carcinoma Breast. We had eminent and star speakers for the event like Dr. Bimlesh Thakur, Dr. Mahendra KM, Dr. Charulata Bapaye, Dr. Deepika Gupta, and Dr. Saloni Chadha.

We were blessed by our chief guests Dr Kamal Buckshee, our Guest of Honor Dr Jayashree Sood and Dr. Ashok Kumar.

This webinar was very well appreciated and all the attendees requested to hold such webinars frequently in the future.

Dr. Ashok Kumar
president of AOGS
Gynecologist and Obstetricians in Delhi. He is a renowned and highly trusted personality in the medical fraternity. Dr. Ashok Kumar owns rich experience in Obstetrics & Gynaecology.
Dr. Ashok Kumar offers some advanced medical treatments for Dysmenorrhea, Female Sexual Dysfunction, Ovarian Cancer, Fibroids, Infertility etc. Looking at his ever-increasing popularity, one thing is for sure that he is one of the best trusted doctors in Delhi. He has numerous successful treatment cases registered in his name and patients are very happy with the level of hospitality displayed from.

Dr. Kamal Buckshee
• SENIOR CONSULTANT OBSTETRICS & GYNAECOLOGY | Fortis La Femme CK
• Obstetrics and Gynaecology | Obstetrics and Gynaecology
• Senior Consultant - Obstetrics & Gynaecology at Fortis La Femme CKPaz 2 with over 50 years of experience. She is the first Indian Obstetrician and Gynecologist to develop and standardize in utero fetal skin biopsy technique, fetal diagnosis and in utero blood transfusion, uterine balloon therapy in patients with dysfunctional uterine bleeding. Her pursuit for newness in obstetrics & gynaecology in terms of quality care and ethics is never ending. Her other achievements have been in the field of gynaecological endocrinology especially in PCOS, hyperandrogenism, plastic reconstructive surgery of the vagina and cervix, microsurgery, infertility, adolescent gynaecology, gynaecologic oncology and high-risk pregnancy. She has more than 250 publications to her name in national and international journals.
• MBBS(1961) MD(1965)

Breast Cancer and Pregnancy
Dr. Charulata Bapaye
Chairperson - Study on Female Breast Committee, FOGSI
Webinar on Carcinoma Breast
NARCHI

SPOTTING THE RED FLAGS

- LUMP
- HARD
- FIXED
- RAPIDLY GROWING
- PAINLESS
- AXILLARY NODES FELT
- REDNESS
- ORANGE PEEL
- ULCERS
- SATELLITE SKIN LESIONS

PUBLIC AWARENESS LECTURE HELD ON 30TH APRIL, 2024

Public awareness lecture on Menstrual Problems was held on 30th April 2024. It was organized under the aegis of NARCHI Delhi Chapter. We were blessed by Dr Archana Verma, Past Vice President of FOGSI who was our Chief Guest. Dr Jayashree Sood, Vice Chairperson of the Board of Management, Sir Ganga Ram Hospital, and Dr Kanwal Gujral, Chairperson of the Institute of Obstetrics & Gynaecology were our Guest of Honour. They also blessed the gathering with their pearls of wisdom.

Dr. Sharmistha Garg and Dr. Renuka Brijwal spoke on Menstrual Disorders and Menstrual Hygiene. The lectures were attended by 1st year, 2nd year and 3rd year nursing students. The students and their tutors enjoyed the session. They requested for more such public awareness lectures. About 76 students attended this public awareness lecture and had a great interactive session. There was a Quiz & Video session at the end of the program and students won the prize for the Quiz.



ACTIVITIES HELD UNDER NARCHI IN MAY 2024

PUBLIC AWARENESS LECTURES ON THALASSEMIA DAY HELD ON 8TH MAY, 2024

NARCHI Delhi chapter organized Public Awareness Lectures on Thalassemia on the occasion of Thalassemia Day on 8th May 2024 at Sir Ganga Ram Hospital, New Delhi.

We were blessed by our Chief Guest - Dr Achla Batra – National President of NARCHI & Guest of Honor - Dr. Jaya Sood - Vice Chairperson, BOM SGRH & Dr. Monica Rana. We had inputs from experienced chairpersons like - Dr. Renu Saxena, Dr. Latika Bhalla, Dr. Pankaj Garg & Dr. Mala Srivastava. We were lucky to have star speakers who enlightened us on topics of "Overview of Thalassemia by Dr. Achla Batra", "Genetic in Thalassemia by Dr. Veronica", "Thalassemia : Problems & Solutions" by Dr. V. K. Khanna. The public awareness lectures were attended by approximately 57 delegates.

It was an interactive session with lots of take home messages.

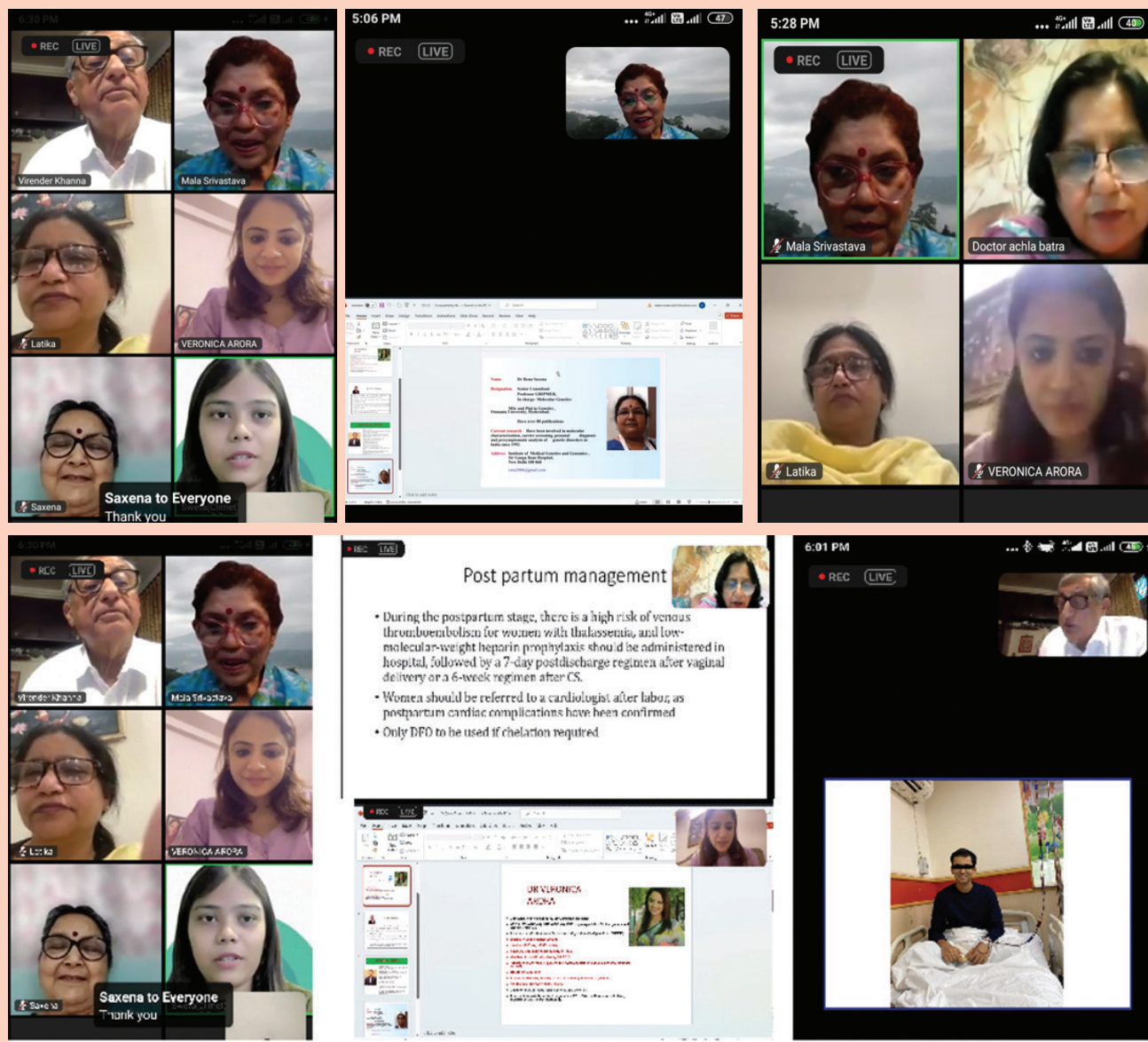


WEBINAR HELD ON 12th May 2024

On May 12th, 2024, a webinar on Thalassemia was organized on occasion of "Mothers Day" under the aegis of the NARCHI Delhi Chapter by Institute of Obstetrics & Gynaecology, Sir Ganga Ram Hospital, New Delhi. The webinar was attended by approximately 75 delegates.

We were blessed by our chief guests Dr. Achla Batra, National President of NARCHI. We were happy to have Senior and experienced chairpersons, who enriched the learning with their inputs and experience - Dr. Renu Saxena, Dr. Latika Bhalla, Dr. Pankaj Garg & Dr. Mala Srivastava.

This webinar was very well appreciated and all the attendees requested to hold such webinars frequently in the future.



PUBLIC AWARENESS LECTURES ON RESPECTFUL MATERNITY CARE HELD ON 14TH MAY, 2024

NARCHI DELHI CHAPTER - Together with Institute of Obstetrics & Gynaecology and Institute of Anaesthesiology, Pain & Perioperative Medicine, Sir Ganga Ram Hospital, New Delhi organized Public Awareness Lectures on Respectful Maternity Care at **Sir Ganga Ram Hospital, New Delhi on 14th May 2024.**

It was attended by 12 antenatal patients along with their husbands. An interactive session was held where

basic "Antenatal Care" was presented by Dr. Sharmista Garg, "Introduction To Labour Analgesia" was presented by Dr. Anjeleena Gupta, "Dietary Management" was presented by Ms Shipra, "Physiotherapy In ANC" was presented by Dr. Indu, "Breast Feeding" was presented by Mrs. Priya Gandhi & "Labour Care Bundle" was presented by S/N Sarita Samul. The topics were discussed in detail and all the related queries were answered. This sessions of Public Awareness Lectures were highly appreciated.

It was an interactive session and all the delegates really appreciated the event.



WEBINAR HELD ON 22nd May 2024

On May 22nd May, 2024, a webinar on Gestational Trophoblastic Neoplasia (GTN) was conducted under the aegis of the NARCHI Delhi Chapter & Oncology Committee of FOGSI by Institute of Obstetrics & Gynaecology, Sir Ganga Ram Hospital, New Delhi. The webinar was participated by approximately 72 delegates.

We were blessed by our chief guests Dr. Jaya Sood, Guest of Honors Dr. Shyam Agarwal, Dr. Geeta Mediratta, Dr. Chandra Mansukhani. We were happy to have Senior and experienced chairperson, who enriched the learning with their inputs and experience - Dr. Nidhi Bajaj, Dr. Indira Bhati, Dr. Piyush Vadalia, Dr. Prasad Halkarnikar, Dr. Vandana Gupta & Dr. Neha Seehra. We were lucky to have star speakers like Dr. Vijay Zutshi, Dr. Mala Srivastava, Dr. Aditya Sarin who gave very informative and exhaustive scientific deliberations.

This webinar was very well appreciated and all the attendees requested to hold such webinars frequently in the future.



ACTIVITIES HELD UNDER NARCHI IN JUNE 2024

CME ON CERVICAL CANCER PREVENTION HELD ON 9TH JUNE, 2024

NARCHI Delhi chapter organized CME on Cervical Cancer Prevention on 9th June 2024 at Sir Ganga Ram Hospital, New Delhi.

We were blessed by our Chief Guest – Dr. S.N. Mukherjee & Guest of Honor - Dr. Kamal Buckshee, Dr. Achla Batra, Dr. Kanwal Gujral & Dr. Harsha Khullar. We had inputs from experienced chairpersons like - Dr. Anita Rajorhia, Dr. Geeta Mediratta & Dr. Chandra Mansukhani. We were lucky to have star speakers who enlightened us on topics of “HPV-Vaccination by Dr. Mala Srivastava”, “Screening of Cervical Cancer by Dr. Shweta Balani”. Case based Panel Discussion on Pre invasive lesions of cervix under expert guidance of Dr. Sunita Malik, Dr. Gauri Gandhi & Dr. Harsha Khullar, moderated by – Dr. Sumita Mehta and panelists were Dr. Anshul Rohatgi, Dr. Shruti Bhatia, Dr. Pakhee Aggarwal & Dr. Kanika Chopra. The CME was attended by approximately 50 delegates.

It was an interactive session with lots of take home messages.



ANM TRAINING ON IUCD/PPIUCD INSERTION ON 13TH JUNE, 24 at HIMSR & HAHC HOSPITAL, JAMIA HANDARD, DELHI

The department of Obstetrics and Gynecology, HIMSR in collaboration with National Association For Reproductive and Child Health of India (NARCHI) Delhi, organised training of ANM for Intra-uterine contraceptive device insertion on 13th June, 2024. It was attended by approximately 35 ANM and Dr Stuti, In-charge family planning, Medical Officer, Southeast district Saket apart from the faculty, senior residents and postgraduates.

There was a pre-test followed by Lecture on various contraceptive methods by Dr. Asma Khanday and Dr Garima Maan. The Lecture was followed by demonstration of Interval IUCD and PPIUCD insertion by faculty, Senior residents and Post graduates. ANM were explained the correct insertion by hands-on training on dummies and models.



PUBLIC AWARENESS LECTURES ON RESPECTFUL MATERNITY CARE HELD ON 14TH JUNE, 2024

NARCHI DELHI CHAPTER - Together with Institute of Obstetrics & Gynaecology and Institute of Anaesthesiology, Pain & Perioperative Medicine, Sir Ganga Ram Hospital, New Delhi organized Public Awareness Lectures on Respectful Maternity Care at **Sir Ganga Ram Hospital, New Delhi on 14th June 2024.**

It was attended by 8 antenatal patients along with their husbands, an interactive session was held where basics of "Antenatal Care" was taken by Dr. Sharmistha Garg, "Introduction To Labour Analgesia (Dietician)" was taken by Dr. Anjeleena Gupta, "Dietary Management" was taken by Dr. Vandana, "Physiotherapy In ANC" was taken by Dr. Indu (PT) & Dr. Deepti Pandey (PT), "Breast Feeding" was taken by Ms. Neha along with Mrs. Priya Gandhi & "Labour Care Bundle" was taken by S/N Sarita Samul. The topics were discussed in detail and all the related queries were answered. This sessions of Public Awareness Lectures was highly appreciated.

It was an interactive session and all the delegates really appreciated the event.





REPORT OF INTERNATIONAL YOGA DAY HELD ON 21st JUNE, 2024

On the international Yoga Day on 21st June, 2024, how could NARCHI and Sir Ganga Ram Hospital stay behind. Under the aegis of NARCHI Delhi Chapter, Yoga Day was held at Sir Ganga Ram Hospital under the superb guidance of Yoga Guruji Mr. Ramesh. It was attended by a number of doctors working at Sir Ganga Ram hospital and this endeavor was really appreciated by all.

WEBINAR ON GYNAE ONCOLOGY was held on 27th June 2024 by the Institute of Obstetrics & Gynaecology, Sir Ganga Ram Hospital under aegis of NARCHI Delhi Chapter and Oncology Committee of FOGSI. The Chief Guest was eminent

We were blessed by our chief guests Dr. Jaya Sood. We were happy to have Senior and experienced Guest of honors Dr. Geeta Mediratta, Dr. Chandra Mansukhani and Dr Priti Kumar, who enriched the learning with their inputs and experience. The convener was Dr. Mala Srivastava, President of NARCHI Delhi Chapter. Dr. Pallav gave a wonderful lecture on Immunohistochemistry in Oncology under the superb guidance of Chairpersons – Dr. Udayan Sarkar, Dr. Shabana Sultana and Dr. Sabya Sachi Ray. Following this was a very interesting lecture by Dr. Ratna Puri on Genetics in Oncology under the experts chairpersons – Dr. Monica Singh, Dr. Kanika Jain and Dr. Mamta Dagar. The webinar was attended by many delegates and it was well very appreciated.



Organizing Team

