

ASHA – NARCHI, AUGUST, 2022

An Anemia sensitization meeting was held at seminar room of doctor's hostel at DDUH between 2.30 to 4 PM on 02/08/22. Meeting was organized by; Dr.Monika Suri ,(HOD,Dept of OBG,DDUH ) & Dr.Shashi L.Kabra Maheshwari (Sr.Specialist OBG DDUH)

Dr.Manju Puri (Guest Speaker ,President NARCHI) showed a PPT of 10 Question on ANEMIA with their answers and discussed in details with the ASHA workers their tasks.

Task assigned were as follows:

- 1.Get their own HB tested. Take iron and albendazole (400mg) if less than 12 gm% & make it 12 gm%.
- 2.Maintain ASHA Diary check HB of all patients at 1st visit and then at 28 and 32 weeks.
- 3.Give them iron and albendazole (400 mg) if anemic. Ask if medicine taken properly and to check compliance.
- 4.If any woman has less 7.5 gm HB at 28 wks., get them to hospital for injectable iron therapy.



